



Welcome to a Career In BodyTalk



SOUTH AFRICAN  
**BODYTALK**  
ASSOCIATION

The BodyTalk System is an effective and safe holistic healing modality that addresses and balances all aspects of the bodymind complex. You may have chosen to study the BodyTalk System to set up your own practice or to integrate the modality into your existing practice to help you and your clients achieve improved results. Or perhaps you have attended the course for personal growth and are learning to help yourself, family and friends.



## A Career In BodyTalk

### The Language of Health

Many Certified BodyTalk Practitioners (CBP's) are licenced practitioners in in other professions and have integrated BodyTalk into their practice

Still others (including Acupuncturists, Chiropractors, MDs, and Physical Therapists) now practice BodyTalk almost exclusively, because the results are better and faster.

BodyTalk, being integrative with any other profession, easily allows the Practitioner to bring in any knowledge or training they have had so that all of their tools are more efficiently used to speed up the healing process.

There are also many CBPs who do not have a healthcare background to begin with, but have chosen BodyTalk for other reasons. There are Engineers, Lawyers, Financers and Accountants as well as lay people who have decided to pursue BodyTalk as a career and are successful in a professional BodyTalk practice.

The BodyTalk System practitioner training is self-Contained so that even with little background in anatomy and physiology, you will learn everything you need to know through the IBA course-work. The IBA always, however encourages continuing education and Advanced CBPs are required to have completed the equivalent of a college-level Anatomy & Physiology course.

Being a Certified BodyTalk Practitioner is a way to build a professional practice that fits into your life, however you would like it to. Whether full-time, part-time or just for friends and family, the training and perspective you will gain with the **International BodyTalk Association will change the way you view healthcare forever.**





## A Career In BodyTalk: The Language of Health

### Steps to follow to become a certified BodyTalk Practitioner

#### **STEP ONE: Attend a BodyTalk Fundamentals Course**

If you have attended an Access Course, the next step will be to attend a BodyTalk Fundamentals course and if you have just completed BodyTalk Fundamentals, you are well on your way.

**STEP TWO: Spend some time studying all that you have learnt and integrate the knowledge by practicing on friends and family.** You may want to join a Student Development Program if offered in your area or make contact with fellow students and form study groups. A Student Development Program is a mentorship program that runs over six weeks with weekly meetings. The Program breaks down the BodyTalk Protocol Chart into smaller units to focus on with lots of room for questions and answers as well as practice. Enquire with your instructor if and where this is offered.

**STEP THREE: Complete and document fifty BodyTalk Sessions** with a minimum of 15 different people without the use of a BodyTalk Protocol Chart, BodyTalk Procedure Chart or Manual (unless using the Appendices). This is designed to allow you to become more familiar with the techniques and the system as a whole. A form will be sent to you for you to document your sessions and to ensure that you have all the relevant information.

**STEP FOUR: Receive a minimum of five BodyTalk sessions from a CBP and provide documented evidence of such.** This will enable you to see how a professional session is conducted as well as the procedures for booking sessions and follow up sessions.

**STEP FIVE: Become a member of the IBA.** Standard Membership is fine at this stage. Once you pass your exams, this can be upgraded to Practicing Membership. Joining SABA will also be advantages as you will receive a local website listing.

**STEP SIX: Either attend BodyTalk Fundamentals for a second time, at a reduced cost, OR take the BodyTalk Fundamentals Integration class with any CBI.** (Depending on your membership level, you may be eligible for up to 75% discount on retaking an IBA seminar. Members only have to pay 25% of the cost of the course to monitor.

**STEP SEVEN: Sit your Exam.** Study for the Fundamentals exam (Practice Exam and tips are located in the Members Area of the IBA website). Set up a time to take the Fundamentals Exam with any CBI (Certified BodyTalk Instructor). Take and pass with a 90% or better both the written and oral practical examination with an examining CBI. The exam cost is \$250 USD, payable to CBI prior to start of exam and a \$50 processing fee payable to the IBA upon submitting certification.

**PLEASE NOTE:** You will be required to sign the CBP agreement on passing your exam. It is important to note that you may not practice as a practitioner without having current IBA membership. If this lapses for longer than 4 years, you will be required to resit Fundamentals and re-do your CBP exam. It is also important to be aware that in order to maintain CBP status, you need to complete 32 CEU (Continued Education Units) every 2 years and adhere to the Code of Ethics.



## The Costs Involved in Becoming a Certified BodyTalk Practitioner (CBP)

You will need to choose between either Option A or Option B of the following pre-requisite BodyTalk courses. The differences can be discussed with your Certified BodyTalk Instructor (CBI). (Prices may vary according to the exchange rate)

### OPTION A

Fundamentals 1 & 2 (4 Days)	R10 500 – R12 000
Fundamentals Integrations (3 Days)	R 3 800 – R 5 000

### OPTION B

Fundamentals 1 & 2 (4 Days)	R10 500 – R12 000
Re-sit Fundamentals Course. Audit fee for IBA Members is 25% of the total course fee and 50% for non IBA Members.	

### CBP EXAMINATION AND ADMINISTRATION COSTS

Examination Fee	\$250
IBA Registration Fee	\$50

### MEMBERSHIP FEES

IBA Membership Fee/Year (Standard Member)	\$150
OR	
IBA Membership Fee/Year (Practising Member)	\$300
SABA ** Membership Fee/Month (Certified Member)	R150
SABA** Membership Fee/Month (Student Member)	R100

\*\*South African BodyTalk Association

New Practitioners are able to charge between R250 – R350 per session.



## Setting Up Your Practice

In your new Practice you will require:

### Furniture and Accessories:

- A "Plinth" (therapy bed) – can be fixed or portable.
- A Chair
- Clean Linen and Pillows
  
- A Protocol Wall Chart
- A Procedures Wall Chart
- Pre-printed client well-being and consent forms
- A cash receipt book
- Diary
- Pens
  
- Post-it Notes
- Spray Bottle for Water
- Cotton wool swabs
- Ear Buds



### Marketing Material:

- Business Cards
- BodyTalk Brochures

Carla at LARCA, has stock of many BodyTalk items and handles IBA memberships on your behalf as well.

Carla EIDorado  
LARCA  
IBA Authorized Printer-Reseller  
[eldorado@mweb.co.za](mailto:eldorado@mweb.co.za)  
skype: cjeldorado



## Practice Etiquette

As per the IBA Code of Ethics a BodyTalk Practitioner must abide by the following policies and procedures:

### CLIENT RELATIONSHIPS

- Endeavour to serve the best interests of your clients at all times and provide the highest quality service possible.
- Maintain clear and honest communication with your clients at all times and keep client communications private and confidential.
- Keeping in mind that the client comes to us to feel better physically, emotionally and mentally, it is important to share information about your sessions with the client in a way that is relevant, easy to understand, and in no way could instil fear or upset.
- Provide clients with the opportunity to give their written consent to BodyTalk session (s) and inform them that they have the right to withdraw or terminate consent at any time.

### PROFESSIONALISM

- Maintain the highest standards of professional conduct, providing services in an ethical and professional manner in relation to your clientele, other healthcare professional and the general public.
- Respect the rights of all practitioners and cooperate with all healthcare professionals in a friendly and professional manner.
- Refrain from the use of any mind-altering drugs, alcohol or intoxicants prior to or during professional sessions.
- Endeavour to the best of your ability and circumstance to continue your education in BodyTalk and stay abreast of the latest developments.

### SCOPE OF PRACTICE/APPROPRIATE TECHNIQUES

- Not to perform manipulations or adjustments of the human skeletal structure, diagnose, prescribe, or provide any other service, procedure or therapy which requires a license to practice, such as chiropractic, osteopathy, physical therapy, podiatry, orthopaedics, psychotherapy, acupuncture, dermatology, cosmetology, or any other profession or branch of medicine or healthcare unless specifically licensed to do so.



## Practice Etiquette Continued...

### IMAGE/ADVERTISING CLAIMS

- Strive to project a professional image for yourself, your business or place of employment and the BodyTalk profession in general.
- Actively participate in educating the public regarding the actual benefits of BodyTalk.
- Practice honesty in advertising, promote your services ethically and in good taste and practice and/or advertise only those techniques for which you have received adequate training and/or certification. Do not make false claims regarding the potential benefits of the techniques rendered, including claims of “cures”, healing of specific conditions, etc.

### MARKETING GUIDELINES

As long as your IBA Membership and licensing fees are kept current, you may advertise and promote the BodyTalk System and your current status as a CBP in accordance with the following guidelines:

- You may use the BT System logos as well as the photographs of the BT System book by Dr. John Veltheim in your promotions and advertisements. The BodyTalk brand standards guide must be adhered to at all times. This is available on the IBA website.
- You may also use the BT System brochures, pamphlets and advertising materials supplied by IBA in whole or part to advertise and promote BodyTalk and your services as a CBP. However, neither the brochure nor any subsequent or additional brochures may be photocopied or distributed to the public. In addition, any brief description of the BT System, must be accurate and in keeping with the information put forth in the brochure or the official BT System website, including the fact that BodyTalk does not diagnose or, give prognosis (prediction of outcome), or prescribe.

### CONTINUED EDUCATION

As a CBP you must satisfy the criteria for renewal of your certification and complete 32 hours of IBA-Approved Continuing Education in the BodyTalk System, within the two-year time period specified.



## Courses

### BEGINNERS SEMINARS

(No pre-requisites. See pre-requisites for Fundamentals Integration only.)

**BodyTalk: Access**

**BodyTalk: Access for Animals**

**BodyTalk: Fundamentals Part 1**

**BodyTalk: Fundamentals Part 2** (Pre-requisites: Fundamentals Part 1)

**BodyTalk: Fundamentals Integration** (Pre-requisite: Fundamentals 1&2)

### ADVANCED COURSES

To attend any advanced courses, with the exception of Finding Health, Eastern Medicine and Mindscape, you will need to have your IBA Membership in good standing.

Pre-requisites for Advanced Courses: Fundamentals Part 1 & 2, Advanced BodyTalk Protocol and Procedures DVD Course. (DVD can be purchased from Carla at LARCA)

Modules 3 to 7 can be taken in any order.

**(Mod 3) BodyTalk: Principles of Consciousness**

**(Mod 4/7) BodyTalk: Bio Dynamics**

**(Mod 5) BodyTalk: Lymphatic Drainage and Applied Anatomy & Physiology** (not required for Advanced Certification)

**(Mod 6) BodyTalk: Macrocosmic Bodymind**

**(Mod 8) BodyTalk for Animals** (Pre-requisites: Fundamentals 1 & 2 & Mod 3)

**(Mod 9) BodyTalk: Matrix Dynamics** (Pre-requisites: Fundamentals 1 & 2 Modules 3 and 6)





### PRE-REQUISITES TO TAKING YOUR ADVANCED (CBP) EXAM

- Document through transcripts or other means an equivalent to a 90-hour A & P course and an AdvSrCBI has verified this information
- Perform at least 250 BodyTalk Sessions and an AdvSrCBI has verified this information
- Performed at least 5 BodyTalk Case Studies and an AdvSrCBI has verified this information
- Have an up-to-date IBA Membership of one of the following types: Practicing Member, Trainee Instructor, Instructor, Senior Instructor
- Completed the BAI Course or monitored Principles of Consciousness, Bio-Dynamics, Macrocosmic BodyMind, and Matrix Dynamics prior to September 1, 2007
- Successfully completed the AdvCBP Exam for Principles of Consciousness and Macrocosmic BodyMind exam
- Successfully completed the AdvCBP Exam for Bio-Dynamics and Matrix Dynamics exam
- Taken two other IBA Courses besides the Advanced Courses and BAI

### *Your Notes:*

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## Courses

### FOUNDERS SEMINARS

- BodyTalk: Eastern Medicine** (No pre-requisites: Open to the public)
- Founders Session Intensive** (Pre-requisites: Fundamentals 1 &2)
- Finding Health 1 – DVD Course** (No pre-requisites: Open to the public)
- Finding Health 2: Applied Consciousness** (Pre-requisites: Finding Health 1, Fundamentals 1 &2)
- Energetics:** (No pre-requisites: Open to the public)

### SPECIALISED BODYTALK COURSES

- BodyTalk: Fascial Energetics Level 1** (Pre-requisites: Fundamentals 1 &2)
- BodyTalk: Fascial Energetics Level 2** (Pre-requisites: Fundamentals 1 &2, Fascial Energetics Level 1)
- BodyTalk: Orthopedic Evaluation** (Pre-requisites: Fundamentals 1 &2)
- Structural Integration for BodyTalkers** (Pre-requisites: Fundamentals 1 &2)
- PaRaMa Unit 1 – DVD course and Practical Course** (Pre-requisites: Any two advanced courses: Mod 3 to 9 excluding Mod 5 & 8)
- PaRaMa Unit 2 – DVD course and Practical Course** (Pre-requisites: PaRaMa 1)
- BodyEcology** (Pre-requisites: Fundamentals 1 &2)
- Linking Awareness - Intercellular Communication** (Pre-requisites: Fundamentals 1 &2, (Mod 8) BodyTalk for Animals, Pre-requisite for certification as a Certified BodyTalk Practitioner for Animals (CBPA)  
Pre-requisite for Linking Awareness Practical© (non-IBA affiliated course)  
Pre-requisite for Linking Awareness Adventure© (non-IBA affiliated course)  
Can Also be taken as a stand-alone course- Open to the Public)
- Practitioner Reflex (Online):** The ability to respond. (Pre-requisites: Fundamentals 1 &2)
- Anatomy and Physiology for BodyTalkers, Module 1, 2 & 3**

### LIFE SCIENCES COURSES

- MindScape** (No pre-requisites – Open to the public)
- Advanced MindScape** (Pre-requisite: MindScape)
- BreakThrough 1 & 2** (No pre-requisites)
- FreeFall 1, 2 &3** (Pre-requisites: CBP or BreakThrough. Applicants are reviewed for eligibility)



## South African Instructors

### Fundamentals Instructors (CBI)

<u>Morag Bromfield</u>	12 Kew Avenue Westville, Durban, KZN <a href="mailto:thebromfields@worldonline.co.za">thebromfields@worldonline.co.za</a>	031 266 2265 082 457 0546
<u>Taryn Edge</u>	130 Fairway Durban North, Durban, KZN <a href="mailto:taryn@bodytalkcentre.com">taryn@bodytalkcentre.com</a>	083 784 5577
<u>Wilma Grobbelaar</u>	<a href="mailto:wilmagrobbelaar@optusnet.com.au">wilmagrobbelaar@optusnet.com.au</a>	+61 426 569 388

### MindScape (MSI)

<u>Dale Fox</u>	1 Henley House, Wellington Park Wellington Rd Durbanville Mediclinic Complex Durbanville Cape Town, <a href="mailto:dale@dnaexpress.co.za">dale@dnaexpress.co.za</a>	021 976 6876 072 828 5227
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### Access Instructors (BAT)

<u>Morag Bromfield</u>	12 Kew Avenue Westville, Durban, KZN <a href="mailto:thebromfields@worldonline.co.za">thebromfields@worldonline.co.za</a>	031 266 2265 082 457 0546
<u>Taryn Edge</u>	130 Fairway Durban North, Durban, KZN <a href="mailto:taryn@bodytalkcentre.com">taryn@bodytalkcentre.com</a>	083 784 5577
<u>Lee-Ann Connolly</u>	BodyTalk Cape Town - THRIVE Cape Town, Woodstock, Noordhoek, Fish Hoek <a href="mailto:lee@thrive-za.com">lee@thrive-za.com</a>	079 399 3520
<u>Homeira Ghanongoi-Franke</u>	5 Randpark Drive, Randpark Ridge Johannesburg, Gauteng <a href="mailto:rhfranke@iafrica.com">rhfranke@iafrica.com</a>	083 458 1997
<u>Christine McNair</u>	101 Eleventh Street PARKHURST Johannesburg, Gauteng <a href="mailto:christinemc@eject.co.za">christinemc@eject.co.za</a>	084 222 8833 086 650 7310



## The BodyTalk Matrix

As with any family or organisation, the more energy you put in, the more the unit can grow and flourish. The more members we have within BodyTalk, learning, practising and growing awareness of our incredible healing modality, the better we all are as practitioners and students alike. Growing and supporting each other through our shared knowledge and experience is vital in sustaining and growing our “family tree”. Please always refer your clients to Access Classes in your area and also help touch other people’s lives that you are in contact with by recommending them to Fundamentals classes. Thank you in advance for your contribution and participation in this regard.

## South African BodyTalk Association

SABA is the home of BodyTalk in South Africa. Our mission is to expand the awareness of BodyTalk in all its forms with love and passion.

We are a member’s organization which exists to develop and grow BodyTalk Students and Practitioners in both their quest for continued education and successful practices.

Our goal is to continually grow consumer awareness of BodyTalk and its benefits to body, mind and spirit.

<http://bodytalksystem.co.za/>

### ***Your Notes:***

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## South African BodyTalk Association Membership Benefits

<http://bodytalksystem.co.za/membership-certified/>

### CERTIFIED MEMBER

- Extensive Website Resources
- Promotional Listing of your Business in Print/Media projects
- Website Listing + Web Page + email Address
- Invitations to Promotional Activities
- Invitations to Annual South Africa BodyTalk Association Events
- Regional Support
- Newsletters

**R150 Per Month**

### STUDENT MEMBER

- Extensive Website Resources
- Website Listing + Web Page
- Invitations to Promotional Activities
- Invitations to Annual South Africa BodyTalk Association Events
- Regional Support
- Newsletters

**R100 Per Month**

### ADDITIONAL COSTS WE STRONGLY RECOMMEND

- Put some money aside each month towards future BodyTalk courses. You do need to keep advancing your knowledge of the system.
- Have marketing budget. This will assist you in promoting your practice. Examples are: Funds to pay towards marketing material, contributions to promotional events you may want to participate in, and advertising in local media.
- Set aside an amount each month to pay towards your next year's IBA Membership so that this can be kept current each year.