



WELCOME TO A CAREER IN *BodyTalk*

[click here to discover your
new career](#)



NAVIGATION



WHAT IS *BodyTalk*

The BodyTalk System is an effective and safe Holistic Healing Modality that addresses and balances all aspects of the bodymind complex. You may have chosen to study the BodyTalk System to set up your own practice or to integrate the modality into your existing practice, to help you and your clients achieve improved results.

Perhaps you have attended the course for personal growth and are learning to help yourself, family and friends .



I have been in practice for 23 years and have been a Certified BodyTalk Practitioner for 13 years. BodyTalk made so much sense to me, as someone who had already been practicing natural healing and energy healing systems for 10 years. With BodyTalk I could get incredibly specific with what needed to heal in a Client, and I could also know for certain that it was exactly what the person needed, because their innate wisdom guides us. It is simply a magical system. The results my Clients received was instant. My Clients eagerly embraced the BodyTalk system and now it makes up 90% of my practice. It is the most versatile system of healing. I so love my work. It sustains me financially and spiritually and I can create the life I want.

- Caroline Linton (Davie), CBP, PaRama BP

BodyTalk

AS A CAREER

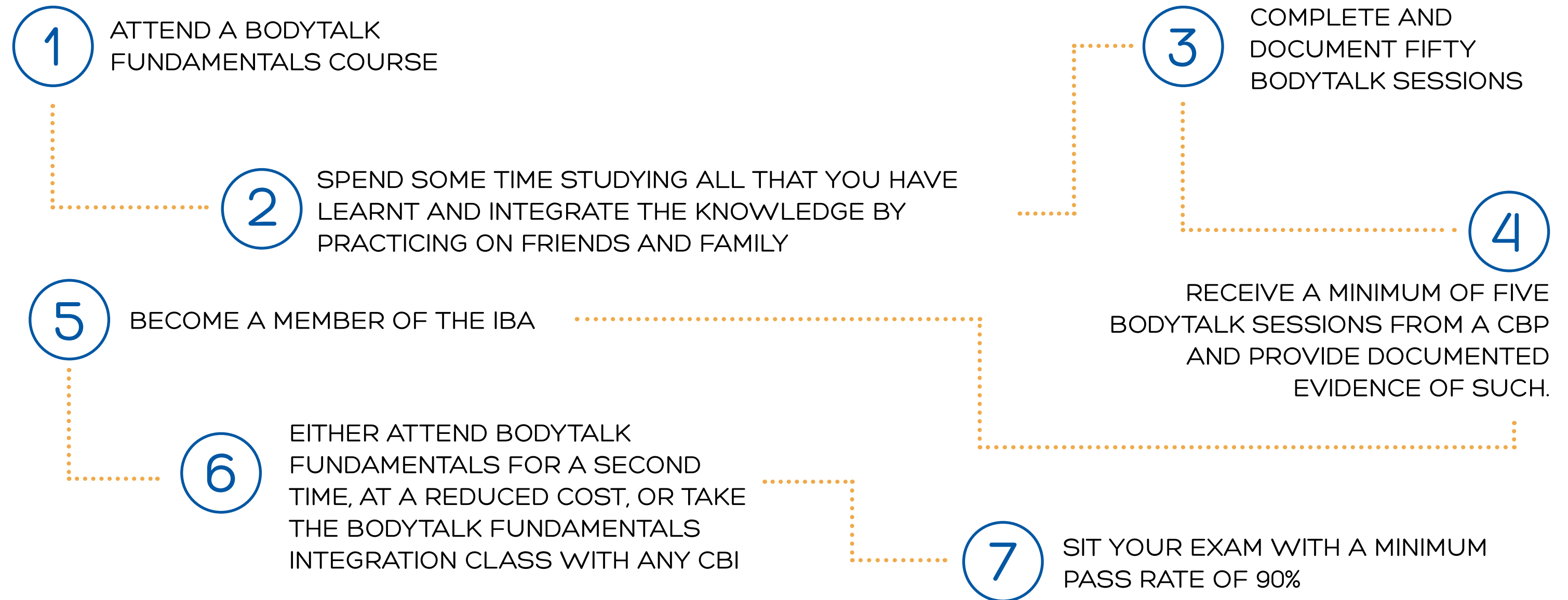
Becoming a BodyTalk Practitioner is one of the most rewarding careers to have. Not only are you assisting in the healthcare of people, animals and/or the environment, but you are also continuously improving your own health and wellbeing. The BodyTalk System Practitioner training has no pre-requisites and anyone can learn how to become a BodyTalk Practitioner.

The courses are self-contained and you will learn everything you need to know through the IBA Course work. Becoming a Certified BodyTalk Practitioner is a way to build a professional practice that fits into your life, however you would like it to.

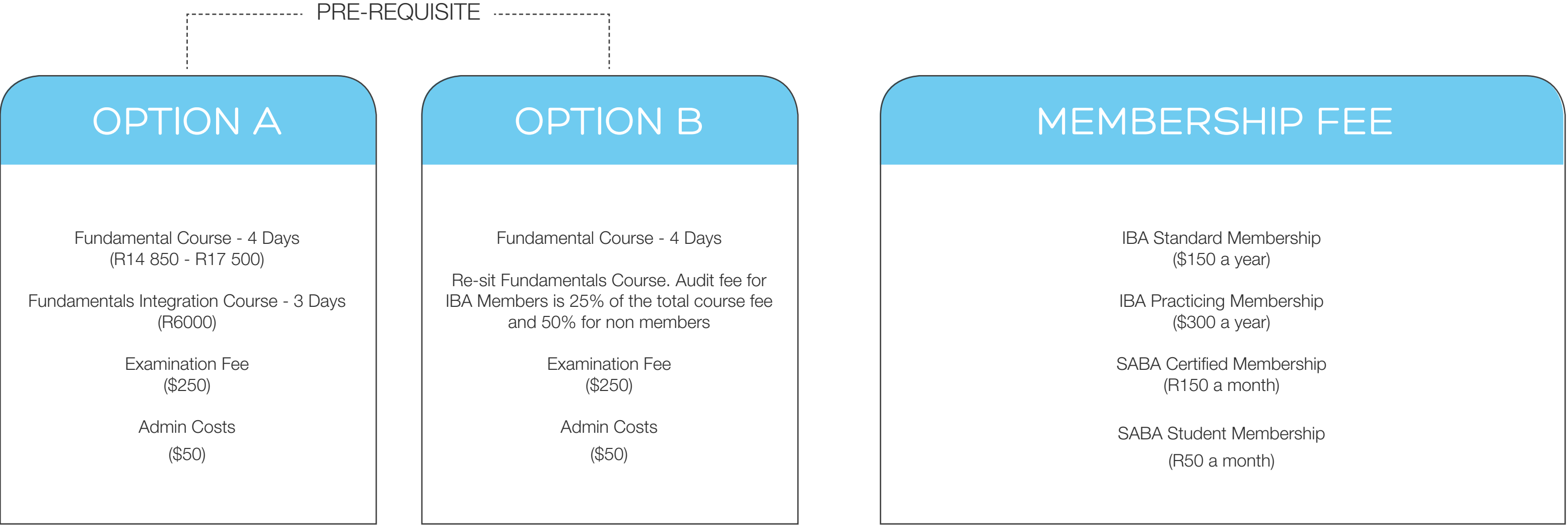
Many Certified BodyTalk Practitioners are licensed practitioners in other professions and have integrated BodyTalk into their practices.

Whether full-time, part-time or just for friends and family, the training and perspective you will gain with the International BodyTalk Association will change the way you view healthcare forever.

STEPS TO FOLLOW IN BECOMING A CERTIFIED BODYTALK PRACTITIONER



THE COST OF CHANGING YOUR LIFE



SETTING UP YOUR

BodyTalk PRACTICE

Furniture & Accessories

- A “Plinth” (Therapy Bed)
- A Chair
- Clean Linen
- A Protocol Wall Chart
- A Procedures Wall Chart
- Pre - printed Client Well-Being & Consent Forms
- A Cash Receipt Book Or Invoicing App
- Diary Or Calender
- Pens
- Post-It Notes
- Spray Bottle For Water
- Cotton Wool Swabs
- Ear Buds

Marketing Material

- Business Cards
- BodyTalk Brochures



As a BodyTalk practitioner, I am always astounded by the results that a seemingly simple session can have on an individual who has tried almost any other avenue available to them to try and heal or feel whole again. BodyTalk is a spring board that never discounts any knowledge that I have acquired in the path that I have taken in my life, it is the most encompassing energy healing modality that I have come across. Starting my journey in my teens, wondering why my Mom could not be assisted in any meaningful way by Medical Science, to finding BodyTalk in 2009, and having the realization that you don't have to have any psychic abilities or special healing skills to be able to assist people and animals and that each person has a very special and unique journey through life, that can be joyous and full of ease no matter what their circumstances are, should they be willing to experience this with the help of a practitioner who resonates with them. My practice is a busy and joyous place where many ah ha moments and reconnections are made, there is often laughter and also tears. I never stop learning and am always adding to my knowledge as no-one is ever an absolute expert, whether this means attending advanced and cutting edge new BodyTalk courses or finding other modalities that resonate with me, all of these things, should they be a priority, form part of the knowledge that is brought to a session. Having a full-time career as a Practitioner is one of the most fulfilling careers that I ever could have imagined.

- Tracy Lester – Current Chairperson South African BodyTalk Association, CBP



**NATURE'S RESOURCES HAS STOCK OF MANY BODYTALK ITEMS
AND CAN ASSIST WITH IBA MEMBERSHIPS**

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PRACTICE ETIQUETTE

As per the IBA Code of Ethics a BodyTalk Practitioner must abide by the following policies & procedures

Client Relationships

- Endeavour to serve the best interests of your client at all times and provide the highest quality of service possible
- Maintain clear and honest communication with your clients at all times and keep client communications private and confidential.
- Keeping in mind that the client comes to us to feel better physically, emotionally and mentally, it is important to share information about the sessions with the client in a way that is relevant, easy to understand, and in no way could instill fear or upset
- Provide clients with the opportunity to give their written consent to BodyTalk Session(s) and inform them that they have the right to withdraw or terminate their consent at any time

Professionalism

- Maintain the highest standards of professional conduct, providing services in an ethical and professional manner in relation to your clientele, other healthcare professionals and the general public
- Respect the rights of all practitioners and cooperate with all healthcare professionals in a friendly and professional manner
- Refrain from the use of any mind-altering drugs, alcohol or intoxicants prior to or during professional sessions
- Endeavour to the best of your abilities and circumstances to continue your education in BodyTalk and stay abreast of the latest developments

Appropriate Techniques

- Not to perform manipulations or adjustments of the human skeletal structure, diagnose, prescribe, or provide any other service, procedure, or therapy which requires a license to practice, such as chiropractic, osteopath, physical therapy, podiatry, orthopedics, psychotherapy, acupuncture, dermatology, cosmetology or any other profession or branch of medicine and healthcare unless specifically licensed to do so.

PRACTICE ETIQUETTE

As per the IBA Code of Ethics a BodyTalk Practitioner must abide by the following policies & procedures

Advertising Claims

- Strive to project a professional image for yourself, your business or place of employment and the BodyTalk profession in general.
- Actively participate in educating the public regarding the actual benefits of BodyTalk.
- Practice honesty in advertising, promote your services ethically and in good taste and practice and/or advertise only those techniques for which you have received adequate training and/or certification. Do not make false claims regarding the potential benefits of the techniques rendered, including claims of “cures”, healing of specific conditions, etc.

Marketing Guidelines

As long as your IBA Membership and licensing fees are kept current, you may advertise and promote the BodyTalk System and your current status as a CBP in accordance with the following guidelines:

- You may use the BT System logos as well as the photographs of the BT System book by Dr. John Veltheim in your promotions and advertisements. The BodyTalk brand standards guide must be adhered to at all times. This is available on the IBA website.
- You may also use the BT System brochures, pamphlets and advertising materials supplied by the IBA in whole or part to advertise and promote BodyTalk and your services as a CBP. However, neither the brochure nor any subsequent or additional brochures may be photocopied or distributed to the public. In addition, any brief description of the BT System, must be accurate and in keeping with the information put forth in the brochure or the official BT System website, including the fact that BodyTalk does not diagnose or, give prognosis (prediction of outcome), or prescribe.

Continued Education

- As a CBP you must satisfy the criteria for renewal of your certification and complete 32 hours of IBA-Approved Continuing Education in the BodyTalk System, within the two-year time period specified.

EXPAND YOUR *BodyTalk* CAREER

I have been a Certified BodyTalk Practitioner for over 9 years, and I have loved every minute of my journey. Never did it enter my head that I wouldn't to be truthful. I had spent most of my working life chopping and changing jobs to try and "fit in" and find what it was that I was meant to be doing, not knowing that helping others to heal was the missing ingredient. When I was told about BodyTalk, at first, I thought it sounded very strange and then I attended the BodyTalk Fundamentals course and realized, it is! But strange in a good way as I obviously had no prior experience or knowledge about energy healing but somehow, I just knew that this was it and I was hooked! I learnt the chart on the very first day of course and everything just flowed from there. I had great mentorship and I was privileged to be part of an awesome group of like-minded individuals and we soon were taking part in every wellness day, promotion and expo that we could. My practice grew quickly and within a few months I had enough Clients to leave my job at the time and become a Full Time BodyTalk Practitioner. Over the years I have added all of the advanced courses and then some to my toolbox and my thirst and interest in helping others to reach their potential, physically, mentally, emotionally and even spiritually, never wavers. It truly is the most all-encompassing modality as it includes everything and excludes nothing. Every time you work on a Client, you heal an aspect of yourself. So, you shift, they shift, and you earn a living...how does it get better than that?

- Christine Conradie CBP, PaRama BP



ADVANCED COURSES

- **Advanced BodyTalk Protocol and Procedure** (Pre-requisite for all Advanced courses)

The Advanced Exploring Procedures course teaches the student how to expand their concepts about revealing formulas from the basic linking of separate items to revealing much more complex and powerful formulas that involve linking multiple variables simultaneously, you will learn 6 new additions to using the Exploring Procedure. Each addition expands the ability to reveal more advanced and complex formulas that more accurately represent the complex interdependence of many of the elements of the client's issues

- **(Mod 3) BodyTalk: Principles of Consciousness** (Pre-requisites: Fundamentals 1 & 2, Advanced Protocol and Procedure)

The most essential of the advanced courses in BodyTalk, this course deals with the foundation of the BodyTalk System. The course includes three primary areas of study: The 5 Senses and how all of our experiences are in some way imprinted on and affecting our senses and therefore how we experience the world and ourselves. Consciousness - what we have come to believe about the world and ourselves and how it influences our health and wellbeing. Individuation: the process of peeling away masks we wear that have supported our faulty beliefs and past experiences. It is the process of un-becoming which results in just being oneself.

- **(Mod 4(7)) BodyTalk: Bio-Dynamics** (Pre-requisites: Fundamentals 1 & 2, Advanced Protocol and Procedure)

This course covers links and definitions, five elements, Wei Qi, Breathing cycles, Body Vivaxis, Sports medicine, injuries and performance as well as the BodyGenics technique.

- **(Mod 5) BodyTalk: Lymphatic Drainage & Applied A&P** (Pre-requisites: Fundamentals 1 & 2, Advanced Protocol and Procedure)

This course expands upon the knowledge of the human body through the application of Western anatomy and physiology as it pertains to the BodyTalk system coupled with an introduction to the qualities and characteristics attributed to the organs, endocrines and systems by Eastern medical theory and practice. This hands-on course includes the study of the Veltheim Method of Lymphatic Drainage (VMLD), an innovative and highly effective approach to encouraging healthy functioning of the lymphatic system.

ADVANCED COURSES

- **(Mod 6) BodyTalk: Macrocosmic BodyMind** (Pre-requisites: Fundamentals 1 & 2, Advanced Protocol and Procedure)

This course has a wide subject matter but is primarily concerned with the macrocosmic view of the function of the bodymind complex. Earlier modules have focused on the internal synchronization of the bodymind. We must be aware that the bodymind is also an integral player in the macrocosm and must be in synchronicity with all those factors if harmony is to occur. This course also covers the sub Chakras as well as the 8th Chakra, body synchronization, the planets and the houses.

- **(Mod 9) BodyTalk: Matrix Dynamics** (Pre-requisites: Fundamentals, Advanced Protocol Procedure, Principles of Consciousness and Macrocosmic BodyMind)

This course addresses the dissolution of the primary and secondary Personality Matrixes of the bodymind. These Matrixes are collective personality masks that profoundly affect the health of the client.

- **PaRama BodyTalk**

The 40 Lessons include information on:

- The Levels of Consciousness
- The Quadriune Brain (Reptilian, Limbic, Neocortex, Prefrontal Cortex)
- The Gunas
- The Heart Brain
- The 7 States of Consciousness
- BodyTalk Procedures (time variations, recursive formulas, etc.)
- Detailed Anatomy and Physiology of the Brain (including but not limited to the: amygdala, thalamus, hypothalamus, cingulate gyrus, etc.)
- Case Studies

Pre-requisites for this course are: IBA Membership and any two of the Advanced Modules (Principles of Consciousness, Bio-Dynamics, Macrocosmic BodyMind & Matrix Dynamics).

LIFE SCIENCE COURSES

- **BodyTalk Access** (No pre-requisites - Open to the public)

BodyTalk Access is a set of 5 important BodyTalk techniques learnt in one day and used for a lifetime. This course is designed to address almost 60% of daily ailments and build resilience. You will learn how to balance your brain, release stress, boost your lymphatic and immune system, optimize your structural integration and learn to stabilize a person in emergency crises.

- **MindScape** (No pre-requisites - Open to the public)

MindScape is a weekend workshop that leads participants to 'open' the powerful latent intuitive powers of the mind, and learn techniques such that one can tap into this resource at will, to immense benefit. This course assists in enhanced creativity and balanced thinking, provides a direct link to the subconscious mind, heightens powers of intuition and imagination.

- **BreakThrough 1 & 2** (No pre-requisites)

The 7 Steps process of BreakThrough provides a medium for getting in touch with the deep-seated, limiting beliefs we unconsciously adopt in childhood. These beliefs are the ones that are catalyzed each time we over-react to situations in life. What we learn from this is that others catalyze, rather than cause, the pain inherent in these beliefs. In this way others offer us the opportunity of getting in touch with, and gaining perspective on, the mental rigidities that control us and keep us in victim- and blame-consciousness.

- **FreeFall 1, 2 & 3** (Pre-requisites: CBP or BreakThrough. Applicants are reviewed for eligibility)

FreeFall theory has evolved from the rich traditions and developments of psychotherapy, bioenergetics, and eastern tradition. Dr. John Veltheim expanded the principles to create an empowering and transformative workshop where the participant can experience, recognize and resolve body centered issues.

There are a whole host of additional courses, presentations and workshops available through the IBA

WHY BECOME A SABA MEMBER

SABA is the home of BodyTalk in South Africa. Our mission is to expand the awareness of BodyTalk in all its forms with love and passion. We are a member’s organization which exists to develop and grow BodyTalk Students and Practitioners in both their quest for continued education and successful practices. Our goal is to continually grow consumer awareness of BodyTalk and its benefits to body, mind and spirit.

CERTIFIED MEMBER

- Extensive Website Resources
- Promotional Listing of your Business in Print/Media projects
- Website Listing + Web Page + email Address
- Invitations to Promotional Activities
- Invitations to Annual South Africa BodyTalk
- Association Events
- Regional Support
- Newsletters

COSTS: R150/PER MONTH

STUDENT MEMBER

- Extensive Website Resources
- Website Listing + Web Page
- Invitations to Promotional Activities
- Invitations to Annual South Africa BodyTalk
- Association Events
- Regional Support
- Newsletters

COSTS: R50/PER MONTH

RECOMMENDED ADDITIONAL COSTS

- Put some money aside each month towards future BodyTalk courses. You do need to keep advancing your knowledge of the system.
- Have a marketing budget. This will assist you in promoting your practice. Examples are: Funds to pay towards marketing material, contributions to promotional events you may want to participate in, and advertising in local media.
- Set aside an amount each month to pay towards your next year’s IBA Membership so that this can be kept current each year.



Get In Touch

EMAIL

VISIT US